

Marilyn M. Knight, LMFT



- BA, English, Angelo State University, 1976
- Masters, Marriage and Family Therapy, ACU, 1994
- Licensed Marriage and Family Therapist
- Clinical Member, American Association of Marriage and Family Therapists
- Eleven years experience as missionary in Buenos Aires, Argentina
- Student counselor, Freed-Hardeman University, 1996-2000

Dr. John A. Knight



- BA, Chemistry, Texas Technological College, 1963
- M.D., Baylor University College of Medicine, 1967
- Masters, Marriage and Family Therapy, ACU, 1995
- Board certified obstetrician-gynecologist
- Licensed physician
- Clinical Member, American Association of Marriage and Family Therapists
- 26 years medical practice experience with the Indian Health Service
- Assistant Professor, Family Medicine Department, University of Tennessee, 1996-2001



Contact Information:

Marriage & Family Care Center
Kerrville Church of Christ
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For appointments, contact:

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A Map to Our Location:



Marriage & Family Care Center

*Christian counseling and education for
individuals, couples, and families*



**A ministry of the
Kerrville Church of Christ**

Life is complicated and it's not unusual to experience stress or have problems in personal, family or work situations. The Kerrville Church of Christ has created the Marriage & Family Care Center to help our church family and the community at large with various life challenges.

Our primary focus:

- Counseling Services
 - individuals
 - couples
 - families
- Educational programs
 - relationship issues
 - other mental health issues

Our services are based on:

- Professional training in Marriage & Family Therapy
- Texas license to practice
- Texas Laws & regulation regarding practice of therapy
- Standards and code of ethics of American Association of Marriage and Family Therapy

A Ministry of Kerrville Church of Christ

- Approved & supported by the elders
- Counseling based on a Christian perspective, acknowledging the Bible as the Word of God
- Sessions conducted by John and Marilyn Knight, members of the Kerrville Church of Christ

What are some of the services offered?

- Husband/wife therapy team available for marital and family sessions
- Physician-therapist experienced with coping with chronic medical problems
 - chronic pain
 - chronic illness
 - infertility
- Bilingual (Spanish & English)
- Communication, conflict resolution, problem solving skills
- Single parent families & step families
- Pre-marital counseling
- Depression, Anxiety, Stress, Tension
- Anger management
- Life cycle transitions
- Counseling caretakers of elderly

What is the typical length of therapy?

- Sessions are normally 50 minutes each
- Sessions are normally every 1 to 2 weeks
- Total number of sessions vary from 1 to 20

What is the common approach to therapy?

- View individuals as part of a family and community, influenced by and influencing these relationships
- Describe problem and context
- Evaluate interactions, feelings, thoughts, and behavior
- Client and therapist develop treatment goals
- Implement plan to achieve those goals, including work to do outside the sessions

How do I make an appointment?

- Call the church office, Monday-Friday, from 9 a.m. to 4 p.m. to request an appointment and the therapist will return your call to arrange a mutually agreeable time to meet together
- Or, call the therapist at home to schedule an appointment
- **Hours of service:** *by appointment*

What are the counseling fees?

- Sessions are fee-based, but are economical
- Pre-marital package: 6 sessions at half-price
- Fee is payable at the time of service
- Insurance is not billed directly, but documentation can be supplied to you to assist in your collection from insurance
- Arrangements can be discussed for lower fee or delayed payment in cases of hardship
- **Services are available to anyone in need, regardless of ability to pay**

